



# What's Happening in **AUGUST**



## **COUNSELING Newsletter**

Hello Parents!

We are off and running! We hope it has been a great start to the 2024-2025 school year so far. We are so happy to have your students in the building, and want this to be a year full of learning and great experiences. Mrs. Hadley and I will send you a monthly newsletter to keep you informed on school counselor happenings. If we teach a lesson in a class, we will include a link to the slides we used. We will also include other helpful links and information. Next week, the counselors will start our Minute Meetings with 6<sup>th</sup> graders. Minute Meetings are quick, individual meetings with each student to make sure they know who we are, where to find us, and to see how things at school are going for them. Minute Meetings with 7<sup>th</sup> graders will happen in 2<sup>nd</sup> quarter. Counselors will be in Lang Arts 6 classes the 2<sup>nd</sup> and 3<sup>rd</sup> week of September for guidance lessons on **managing emotions**, and **communication**. We are looking forward to connecting with all of our students; those returning, and all of our new faces as well!

## **COUNSELOR**

### **Contact Info**

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## **IMPORTANT DATES**

**Sept 2<sup>nd</sup>:** Labor Day – No School

**Sept 3<sup>rd</sup> – 6<sup>th</sup>:** Spirit Week

**Sept 3<sup>rd</sup> – 6<sup>th</sup>:** 6<sup>th</sup> Grade Minute Meetings

**Sept. 10<sup>th</sup> , 11<sup>th</sup> , 17<sup>th</sup> , 18<sup>th</sup> :**  
6<sup>th</sup> Gr. Guidance Lessons

## **OTHER Info**

Washington Co. School District is offering a series of **Parent Education Night** seminars this year. Click [HERE](#) for the full schedule. First one is Sept. 4<sup>th</sup> at Paradise Canyon Elementary at 6pm.

If you have a need for support in any of the following areas, please click on one of these links: [Backpacks](#), [School Supplies](#), [Food Support](#)

Do you think your child may benefit from a small group? Sunrise Ridge has several to offer, including Friendship, Connection and Belonging, Girls Empowerment and Self-Esteem, and Life Skills. Email your student's counselor if you are interested in one of these groups..

